

The History of Eating Cactus

Cactus is a plant native to the Americas. While there are many types of cactus grown for food, fodder, building material, dyes and medicines, there is only one genus that combines all these attributes into one balanced whole. This amazing plant is the Opuntia, also called the Nopalea.

The tribes of Mexico and the desert Southwest used Nopalea extensively in everyday cooking.

Nopalea has a healing reputation and is an environmentally sound and sociologically friendly plant to grow, it requires far less water and fertilizers than most other crops.

Our plants are grown organically and we are certified organic through the **CCOF (California Certified Organic Farmers)**



***Authentic
California
Organic
Edible
Cactus***

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